

2014 Dates	Activity	Venue	Group	Instructors (Max 10 per instructor)
22/2 Sat	Training session Assessment/intro session	Birdlip Quarry	All groups	Simon Welch Andy Colbourne/James Welch
29/3 Sat	Training session			Simon Welch James Welch
6/4 Sun	Prescott Bike Festival		All Groups	
11/5 Sun	Training session			Simon Welch James Welch
29/6	YDS Demonstration – National Star College	National Star College	All Groups	
5/7 Sat	Youth Squad Run Trial			
27/7 Sun	Training session	TBC		
6/9 Sat	Training session	TBC		
7/12 Sun	Training session	TBC		
Fitness assessment – Date to be confirmed Social activities – Date to be confirmed				