

2013 Dates	Activity	Venue	Group	Instructors (Max 10 per instructor)
9/3 Sat	Training session Assessment/intro session	Hayes Coppice - Monmouth	All three	Simon Welch
30/3 Sat	Training session	Birdlip Quarry	Inters and Seniors	Simon Welch James Welch
7/4 Sun	Prescott Bike Festival Training session	Prescott	TBC	Simon Welch Andy Colbourne
27/4 Sat	Training session	Clyro Court	All three	Simon Welch James Welch
29/6	Intercentre Team Trial	Derbyshire	Team TBC	N/A
7/7 Sun	Training session	TBC		
20/7 Sat	Youth Squad Run Trial			
4/8 Sun	Training session	TBC		
21/9 Sat	Training session	TBC		
8/12 Sun	Training session	TBC		
Fitness assessment – Date to be confirmed (for senior youth squad members only)				
Social activities – Date to be confirmed				